

MONDAY
Planet Friendly Day

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEALS

Option One

Hearty Lentil and
Roasted Vegetable
Pasta (VE)



Autumn
Harvest Lasagne (V)



Lentil Wellington with
Roast Potatoes and
Gravy (VE)



Lentil and Saucy Tomato
Pasta Bake (VE)



Red Pepper Frittata
with New Potatoes &
Tomato Sauce (V)

Option Two

Planet friendly Balls in
Tomato Sauce with
Rice (VE)



Beef Lasagne with
Garlic Bread



Roast Chicken,
Stuffing, Roast
Potato's and Gravy



NEW Chicken Biryani with
Turmeric Bread



Breaded Fish with
Chips and Tomato
Sauce

VEGETABLES AND SALAD

Vegetables

Broccoli (VE)
Carrots (VE)



Green Beans (VE)
Cauliflower (VE)



Peas (VE)
Red Cabbage (VE)



Butternut Squash (VE)
Roasted Peppers (VE)



Peas (VE)
Sweetcorn (VE)



Salad Bar

Rainbow Slaw (VE)
Green Beans (VE)
Cucumber (VE)
Tabbouleh Salad (VE)
Beetroot (VE)



Lettuce (VE)
Pepper Sticks (VE)
BBQ Noodle Salad (V)
Grated Carrot (VE)
Roasted Chickpea
Salad(VE)



Roasted Sweet
Potato (VE)
Carrot Sticks (VE)
Mixed Lettuce (VE)
Diced Peppers (VE)
Coleslaw (V)



Sweetcorn (VE)
Tomatoes (VE)
Lettuce (VE)
Cucumber (VE)
Carrot Sticks (VE)



Beetroot and
Orange Salad (VE)
Tomato Pasta (VE)
Olives (VE)
Lettuce (VE)
Tomatoes (VE)



DESSERT

Dessert

Yoghurt (V) and Fresh
Fruit (VE)



Yoghurt (V) and Fresh
Fruit (VE)

Yoghurt (V) and
Fresh Fruit (VE)



Yoghurt (V) and Fresh
Fruit (VE)



Yoghurt (V) and Fresh
Fruit (VE)
)

MENU KEY



Added Plant Protein
(50% of the protein
is from a plant-
based source)



Wholemeal

Planet Friendly, Low
Carbon Option



Local Red
Tractor Meat



Local, Seasonal
Fruit & Veg
(V) Vegetarian
(VE) Vegan

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings (V/VE) - A choice of flavoured breads freshly baked on site daily (VE) - Daily salad selection (V/VE) – Fresh Fruit (VE) – Natural Yoghurt (V/VE)

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

MONDAY

Planet Friendly Day

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEALS

Option One

NEW Chefs Special
Lentil Curry with Rice
and Homemade
Flatbread (VE)



Option Two

Creamy Chickpea
and Coconut Curry
with Rice (VE)



Chicken and
Sweetcorn Meatballs in
Tomato Sauce with
50/50 Rice



BBQ Chicken with
Seasoned Potatoes
and Sweetcorn Salsa



Hearty Beef and Lentil
Bolognaise with
Spaghetti



Salmon Fishfingers
with Chips & Tomato
Sauce



VEGETABLES AND SALAD

Vegetables

Green Beans (VE) 
Cauliflower (VE)

Salad Bar

Sweet Potato 
Power Salad (VE) 
Mixed Lettuce (VE) 
Carrot Sticks (VE) 
Pepper Sticks (VE) 
Sweetcorn (VE) 

Carrots (VE) 
Sweetcorn (VE)

Mixed Bean Salad (VE) 
Coleslaw (V) 
Green Beans (VE) 
Diced Pepper (VE) 
Cucumber (VE) 

Broccoli (VE) 
Peas (VE)

Beetroot (VE) 
Rainbow Slaw (VE) 
Iceberg Lettuce (VE) 
Tomatoes (VE) 
Couscous Salad (VE) 

Leeks (VE) 
Courgettes (VE)

Grated Carrot (VE) 
Cucumber Sticks (VE) 
Roasted Vegetable
and Lentil Salad (VE) 
Tomato Salsa (VE) 
Beetroot (VE) 

Peas (VE) 
Baked Beans (VE)

Lettuce (VE) 
Tomato Pasta (VE) 
Olives (VE) 
Carrot Sticks (VE) 
Cucumber Slices (VE) 

DESSERT

Dessert

Yoghurt (V) and Fresh
Fruit (VE)

Yoghurt (V) and Fresh
Fruit (VE)



Yoghurt (V) and Fresh
Fruit (VE)

Yoghurt (V) and Fresh
Fruit (VE)



Yoghurt (V) and Fresh
Fruit (VE)

MENU KEY



Added Plant Protein
(50% of the protein
is from a plant-
based source)



Wholemeal

Planet Friendly, Low
Carbon Option



Local Red
Tractor Meat



Local, Seasonal
Fruit & Veg
(V) Vegetarian
(VE) Vegan

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings (V/VE) - A choice of flavoured breads freshly baked on site daily (VE) - Daily salad selection (V/VE) - Fresh Fruit (VE) - Natural Yoghurt (V/VE) -

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

MONDAY

Planet Friendly Day

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MAIN MEALS

Option One

Mild Mexican Chilli
with 50/50 Rice (VE)



Cheese and Bean
Pasty with Wedges(V)



Planet Friendly
Sausage and
Mashed Potatoes
and Gravy (VE)



Caribbean Stew with
Golden Rice (VE)



Crunch-Topped Pasta
bake (VE)



Option Two

Macaroni
Cheese and Tomato
and Herb Bread (V)



NEW
Chicken Enchilada
Bake with Paprika
Wedges



Minced Beef
Cottage Pie



Mild Caribbean Chicken
with Golden Rice



Fishfingers with Chips
& Tomato Sauce

VEGETABLES AND SALAD

Vegetables

Baked Beans (VE)
Peas (VE)

Sweetcorn (VE)
Broccoli (VE)

Green Beans (VE)
Cauliflower (VE)

Carrots (VE)
Peppers (VE)

Coleslaw (VE)
Peas(VE)

Salad Bar

Sweet Potato Salad (VE)
Carrot Sticks (VE)
Diced Pepper (VE)
Sweetcorn Salsa (VE)
Tomatoes (VE)

Mixed Bean Salad (VE)
Beetroot (VE)
Iceberg Lettuce (VE)
Tomatoes (VE)
Couscous Salad (VE)

Apple and Raisin
Salad (V)
Cucumber Slices(VE)
Grated Carrot (VE)
Mixed Lettuce (VE)
Pepper Sticks (VE)

Tomatoes (VE)
Beetroot (VE)
Butternut Squash (VE)
Mixed Lettuce (VE)
Cucumber Sticks (VE)

Rainbow Slaw (VE)
Olives (VE)
Grated Carrot (VE)
Green Bean Salad (VE)
Vegetable Pasta Salad
(VE)

DESSERT

Dessert

Yoghurt (V) and Fresh
Fruit (VE)

Yoghurt (V) and Fresh
Fruit (VE)

Yoghurt (V) and
Fresh Fruit (VE)

Yoghurt (V) and Fresh
Fruit (VE)

Yoghurt (V) and Fresh
Fruit (VE)

MENU KEY



Added Plant Protein
(50% of the protein
is from a plant-
based source)



Wholemeal

Planet Friendly, Low
Carbon Option



Local Red
Tractor Meat



Local, Seasonal
Fruit & Veg
(V) Vegetarian
(VE) Vegan

Available Daily: - Freshly cooked jacket potatoes with a choice of fillings (V/VE) - A choice of flavoured breads freshly baked on site daily (VE) - Daily salad selection (V/VE) – Fresh Fruit (VE) – Natural Yoghurt (V/VE) -

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.